



Silently Seduced: When Parents Make Their Children Partners

Kenneth Adams Ph.D.

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In this revised and updated 20th anniversary edition of his groundbreaking book, Dr. Kenneth Adams, a leading expert on covert incest, sex addiction, and childhood trauma, offers tools for identifying and healing from covert incestuous relationships that affect adult relationships and lives. He explains how 'feeling close' with a parent is not always the source of comfort the phrase suggests, especially when that child is cheated out of a childhood by being a parent's surrogate partner. Dr. Adams includes a new Q&A section that directly addresses issues including:

- How can this be incestuous when there is no physical sexual contact?
- Why is sexual addiction so common with covert incest survivors?
- Why is it so hard for covert incest survivors to commit to romantic relationships?
- If my partner is a covert incest survivor, how can I help?
- Can I pass covert incest on to my children?

Through new findings and expanded discussions on 'engulfment,' 'excessive guilt,' 'loyalty,' and 'narcissism,' and others, *Silently Seduced* offers a framework to understand covert incest and its effect on sexuality, intimacy, and relationships to facilitate the process of recovery.

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