



Why Life Speeds Up As You Get Older: How Memory Shapes our Past

Douwe Draaisma

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Is it true, as the novelist Cees Nooteboom once wrote, that memory is like a dog that lies down where it pleases? Where do the long, lazy summers of our childhood go? Why, as we grow older, does time seem to condense, speed up and elude us, while in old age, significant events from our distant past can seem as vivid and real as what happened yesterday? Douwe Draaisma, author of the internationally acclaimed *Metaphors of Memory* (Cambridge, 2001), explores the nature of autobiographical memory. Applying a unique blend of scholarship, poetic sensibility, and keen observation, he tackles such extraordinary phenomena as déjà-vu, near-death experiences, the memory feats of idiot savants, and the effects of extreme trauma on memory recall. Raising almost as many questions as it answers, this fascinating book will not fail to affect you at the same time as it educates and entertains. Douwe Draaisma is Professor of the History of Psychology in the Department of Theory and History of Psychology at the University of Groningen, The Netherlands. He has published books on time and memory and his articles have appeared in professional journals as diverse as *Annals of Science*, *Psychological Medicine*, and *Nature*. The original Dutch version of *Why Life Speeds Up As You Get Older* has won several scientific and literary awards.

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Spent a free time to be fun activity to do! A lot of people spent their spare time with their family, or their friends. Usually they performing activity like watching television, about to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Can be reading a book is usually option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the reserve untitled Why Life Speeds Up As You Get Older: How Memory Shapes our Past can be great book to read. May be it may be best activity to you.

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