



## A Sane Diet for An Insane World

*Mr. Hesh Goldstein*

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# A Sane Diet for An Insane World

*Mr. Hesh Goldstein*

## **A Sane Diet for An Insane World** Mr. Hesh Goldstein

This book is a "politically incorrect" masterpiece depicting the ills of the SAD (Standard American Diet), the corporate atrocities thrust upon us by Monsanto and the other biotech industries, as well as Big Pharma, Big Food, the paid -off politicians and the pushers of fluoride, all in the name of profit first, and all supported by the mainstream media and the medical profession. This book will not only educate you on the perils of the industries mentioned above, it will show you how to live longer and feel energized by the foods you eat. While it may encourage you to start growing some of your own food, you will begin to pay more attention to your food's origin. This book will shatter the disinformation thrust upon us, and will lay out powerful, fundamental truths that can revolutionize any individual, any family, any community or even any nation that chooses to adopt them. Not only should you read this book, you should LIVE by this book.

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