



# **Eckhart Tolle and Christian Meditation: The Secret Teachings of Jesus and the Hidden Meaning of the Gospels Revealed (Beginner's Guide) (The Secret of Now Book 4)**

*A.J. Parr*

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THE HIDDEN MEANING OF THE GOSPELS AND THE POWER OF NOW

THIS BOOK REVEALS the essence of the "meditation technique" imparted by Jesus presented under the light of the teachings of Eckhart Tolle and the interpretation of the "hidden symbols" contained in the gospels that speak of enlightenment, the mind, the ego, the voice in the head, the unceasing mental chatter, the illusory world, the Observer, the Self, God or the Supreme Reality, and the experience of Oneness in the Now.

To illustrate these teachings, each of its thirty-three chapters is followed by a biblical passage, an olden legend, a short story or an excerpt from the works of the Masters of Mystic Literature, including St. John of The Cross, Meister Eckhart, Rumi, and Gibran Khalil Gibran, among others. It is truly a book recommended for everyone interested in finding the Truth, escaping from Illusion and experiencing inner peace in the Now.

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**UNDERSTANDING ECKHART TOLLE WORKBOOK: 12 Lessons 12 Exercises to Stop Your Inner Chat and Experience The Power of Now!** REVIEW: "I would say this book is 100% aligned with the works of Eckhart Tolle. Its purpose is to offer insight and practical exercises to help the reader to understand how to interrupt the constant 'chatter' of his/her mind..." (John)

**\* V O L U M E 2 :**

**ECKHART TOLLE AND BUDDHIST TALES OF LIGHT: 20 Tales To Help You Stop Your Inner Chat and Experience The Power of Now!** REVIEW: "This book covers the simple truths to awakening in the form of short stories. Yes as the title states the parallel between what Eckhart Tolle and Buddha are conveying is brought out beautifully. Excellent book and highly recommended." (Bruce Johnson)

**\* V O L U M E 3 :**

**ECKHART TOLLE AND HINDUISM: TALES OF LIGHT To Help You Stop Your Inner Chat and Experience The Power of Now!** REVIEW: Loved it! Anyone interested in Eckhart Tolle's teachings should read this book! (Thashmira Hemantha)

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\* V O L U M E 6 :

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#### **Christine Cote:**

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**William Kavanaugh:**

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