



**Native American Medicine: Discover the Natural
Healing Secrets and Remedies for Your Mind,
Body and Spirit (Native American Medicine,
Natural Remedies, ... Treatment, Herbal,
Naturopathy Book 1)**

Amber Mia

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Native American Medicine

Discover the Natural Healing Secrets and Remedies for Your Mind, Body and Spirit

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In this eBook you are going to discover the natural healing secrets and remedies that will benefit your mind, body and spirit. This is a self-help eBook which will help you to prepare these remedies yourself at home in order to heal medical problems that you or your loved ones may be suffering from. The history of the Native American Medicine goes back to over 40,000 years ago when the indigenous tribes that occupied America and Canada used herbs, plants and certain ingredients to heal medical problems. They made teas, infusions, decoctions and poultices which were very effective and we can turn to them to make medicinal remedies like these indigenous tribes did, healing and curing illnesses naturally with few or no side effects.

Before the pharmaceutical companies were started, the indigenous Native American tribes used their own types of traditional medicines to treat illnesses and diseases. These healing remedies and traditions reflected the diversity of the indigenous tribes that inhabited America. As the pharmaceutical companies gained ground, people started depending more on prescription drugs than traditional medicines. With time, these drugs started posing health risks because of the side effects while in other cases health conditions became resistant to the prescription drugs posing a danger to users' lives. As time went by, people started searching for traditional medicines which the natives used to heal illnesses and diseases naturally. Some people have taken great interest to find out the secrets and remedies the Native Americans used and this is what we present to you in this eBook. This is a self-help book which details many Native American medical remedies which you can apply to heal illnesses and diseases which you may have. The products have a natural taste and you take them you will start having a balance in your life.

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Laura Burke:

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