



# Sex, Puberty, and All That Stuff: A Guide to Growing Up

*Jacqui Bailey*

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# Sex, Puberty, and All That Stuff: A Guide to Growing Up

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## **Sex, Puberty, and All That Stuff: A Guide to Growing Up** Jacqui Bailey

This friendly book talks to teens in their own language, with emphasis on the subject that is first and foremost in the minds of adolescent boys and girls: Sex. Separate chapters titled Boy Stuff and Girl Stuff describe body changes that occur during puberty, with frank and open discussions about male and female genitals, how they feel, and how they function. Chapters that follow discuss typical teen problems, as well as those entirely new feelings that come with sexual development, and offer tips on making it through those sometimes exciting, sometimes crazy teen years. Learn how to deal with crushes, controlling parents, pimples, kissing, dating, hormones, menstruation, sexual activity, condoms, contraception, pregnancy, STDs, sexual impulses, and more. New to this edition is information on social networks, protecting yourself online, maintaining a positive body image, mental health, sexual orientation, gender identity, and more. Includes line drawings on most pages.

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