



Alternate Route: One man's journey through the fog of PTSD

Ray LePoidevin

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Alternate Route follows Ray, who as a young Theology student drafted into the Army and sent to Vietnam a combat soldier, experiences firsthand the horrors of battle. It tells how his concepts of Christianity and God, everything he learned as a child, were challenged by the trauma he endured. Here is a candid account of a young man returning from the battlefield erroneously thinking he could simply resume life, as he knew it before combat. Living in denial of posttraumatic stress disorder Ray takes you on a journey filled with dead ends, and unfulfilled dreams. Recognizing a person is more than just mind and body, the account tells of his struggle with spiritual issues of faith, hope, and love. In a desperate attempt to find meaning for a life he believed was miraculously spared, he visits the Vietnam memorial wall. This trip changes the course of his life and he finds an alternate route to a life filled with hope.

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