



21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul

Jeff Fisher

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You can learn to be sexually pure. You can develop a strong purity strategy. You can learn to honor God with your mind, eyes, heart and body.

Jeff Fisher of PurityCoaching.com has worked with hundreds of men to help them find purity. A sexual struggler himself, Jeff was able to find healing, freedom and purity from his pornography addiction. In this book, Jeff coaches you for 21 days, teaching you key principles to help you get a good jumpstart in your journey.

Learn the 4 S's of sexual purity and how to build them: Support, Structure, Support and Spiritual Life.

Learn how to avoid relapse and minimize slips.

Learn how build a strong offense and defense.

Learn how to find support and accountability.

Learn how to come out of isolation and find safe people who can help you.

Learn how to tap into the power of God for help and strength.

Learn how to say "no" to unhealthy sexual practices and "yes" to healthy sexual practices.

Learn keys to stopping lust, masturbation and objectification.

The book is a workbook, full of action points and space for you to write your reflections and questions.

The book is perfect for solo study or for small groups or accountability groups.

On Jeff's site PurityCoaching.com there are companion videos available for purchase, as well as options for support groups, accountability and personal purity coaching.

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Anna Brooks:

The book 21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul can give more knowledge and information about everything you want. Why then must we leave the great thing like a book 21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul? Several of you have a different opinion about reserve. But one aim in which book can give many facts for us. It is absolutely correct. Right now, try to closer with the book. Knowledge or info that you take for that, you can give for each other; you could share all of these. Book 21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul has simple shape nevertheless, you know: it has great and big function for you. You can look the enormous world by wide open and read a reserve. So it is very wonderful.

Dennis Taylor:

Playing with family in a very park, coming to see the marine world or hanging out with close friends is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love 21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul, you could enjoy both. It is great combination right, you still want to miss it? What kind of hang-out type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its referred to as reading friends.

Richard Hunt:

In this period globalization it is important to someone to obtain information. The information will make a professional understand the condition of the world. The health of the world makes the information easier to share. You can find a lot of references to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher which print many kinds of book. The particular book that recommended to your account is 21-Day Purity Jumpstart: How to Start or Restart Your Sexual Purity Journey and Stay in it For the Long Haul this reserve consist a lot of the information in the condition of this world now. This specific book was represented just how can the world has grown up. The terminology styles that writer use for explain it is easy to understand. The writer made some investigation when he makes this book. This is why this book ideal all of you.

Jay Klein:

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