



# **Pain Free - Revolutionary Method For Stopping Chronic Pain**

*Pete; Gittines, Roger Egoscue*

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Egoscue's revolutionary method shows how to eliminate pain--including back pain, TMJ, sciatica, bad knees, carpal tunnel syndrome, and pain that has been misdiagnosed as arthritis--without investing in expensive ergonomic devices or resorting to surgery or drug therapies.

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