



# A Long Trek Home: 4,000 Miles by Boot, Raft and Ski

*Erin McKittrick*

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## **A Long Trek Home: 4,000 Miles by Boot, Raft and Ski** Erin McKittrick

The adventures of a young, idealistic couple who choose to reduce their world down to just two small packs and the next 100 yards in front of them.

In June 2007, Erin McKittrick and her husband, Hig, embarked on a 4,000-mile expedition from Seattle to the Aleutian Islands, traveling solely by human power. This is the story of their unprecedented trek along the northwestern edge of the Pacific Ocean--a year-long journey through some of the most rugged terrain in the world-- and their encounters with rain, wind, blizzards, bears, and their own emotional and spiritual demons. Erin and Hig set out from Seattle with a desire to raise awareness of natural resource and conservation issues along their route: clear-cut logging of rainforests; declining wild salmon populations; extraction of mineral resources; and effects of global climate change. By taking each mile step by step, they were able to intimately explore the coastal regions of Washington, British Columbia, and Alaska, see the wilderness in its larger context, and provide a unique on-the-ground perspective. An entertaining and, at times, thrilling adventure, theirs is a journey of discovery and of insights about the tiny communities that dot this wild coast, as well as the individuals there whom they meet and inspire.

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