



## I met my Soul in a Coffee Shop

Louise Gilbert

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#### I met my Soul in a Coffee Shop Louise Gilbert

Louise appeared to have had it all; a job with prospects in the city, a good marriage, and a loving relationship with her stepdaughter. Struggling to come to terms with her inability to conceive a child and lack of purposeful direction, she demanded in a final desperate bid that God, the one from Sunday school, reveal His plan for her life. I met my Soul in a Coffee Shop is an unforgettable and extraordinary story of an ordinary woman. For those of you who seek answers, prepare to never see yourself or your life in the same way again. Are you a spiritual life coach or serving others by assisting in the realisation of life's true purpose? In this ground-breaking book, Louise takes the reader on a journey of self-discovery going deep within her own soul and returning with a spiritual framework for the discovery of life purpose. An experiential reference guide and life coaching toolkit that should be on the bookshelf of every spiritual practitioner.



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#### **Mary Otter:**

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