



# Passive Aggressive Behavior: How to Deal with Passive Aggressive People

*Carl Oren*

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## **Passive Aggressive Behavior: How to Deal with Passive Aggressive People** Carl Oren

This book contains proven steps and strategies on how to overcome passive aggression in your own life and how to deal with it in others. Passive aggression is an expression of hostility towards others, whether direct or indirect. It can manifest itself in a variety of ways. Passive aggressive behaviors can occur in all types of relationships, from personal to work. There is a quiz that will tell you if you or someone you know is expressing passive aggressive behavior.

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