



Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model

Andrea Davis Ph.D., Michelle Harwell M.S., Lahela Isaacson M.S.

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Floortime is a highly effective intervention approach for children and adolescents with autism and other developmental disorders. Now there's a step-by-step guide for parents to LEARN and professionals to TEACH the DIRFloortime® model of helping young people with social, emotional, and cognitive challenges.

This guide takes the research-supported developmental approach to treatment and breaks it down into a curriculum of simple, sequenced strategies you can use right away to support the social and cognitive development of children and teens. Quick instructions and examples for each method are laid out for easy viewing in the midst of a play session. Certified DIRFloortime experts explain the theoretical background and the basics of how to play and interact with children in ways that motivate them, make the most of their natural interests, and help them develop critical new social, emotional, and intellectual capacities. Whether you're a professional or parent, this practical, ready-to-use Floortime guide is an essential addition to your intervention toolkit.

WHY USE DIRFloortime?

- Proven effective—research-supported, field tested, and rooted in developmental psychology
- Targets the key cognitive and social-emotional capacities children need to thrive in the real world
- Promotes learning and growth through play and interaction
- Fosters warm, attuned parent-child relationships
- Meets your specific needs—apply DIRFloortime strategies in developmental order or use them as standalone teaching tools
- Gives you quick catchphrases that make strategies "stick", so you can use them anytime, anywhere
- Encourages caregiver self-reflection and self-awareness—a key part of helping children and teens develop their own self-reflection skills
- Leads to children and teens becoming joyful, spontaneous, flexible, creative, and empathic human beings

PRACTICAL MATERIALS: Each DIRFloortime strategy comes with a clear description and enlightening examples of how to apply it in a variety of real-life scenarios. The appendix walks you through 11 effective strategies for helping children and adolescents reduce challenging behaviors.

Help children develop crucial skills:

- Regulation and Attention
- Social Engagement and Attachment
- Reciprocity
- Social Problem Solving
- Self-Awareness

- Empathy
- Imagination
- Emotional Thinking
- Logical Thinking
- Complex Thinking
- Self-Reflection

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Joshua Bush:

This Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model book is not really ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book will be information inside this book incredible fresh, you will get facts which is getting deeper a person read a lot of information you will get. This Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model without we comprehend teach the one who looking at it become critical in considering and analyzing. Don't possibly be worry Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model can bring any time you are and not make your tote space or bookshelves' turn into full because you can have it with your lovely laptop even mobile phone. This Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model having great arrangement in word and layout, so you will not feel uninterested in reading.

Roberto Fetter:

Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model can be one of your basic books that are good idea. We all recommend that straight away because this e-book has good vocabulary that may increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to set every word into pleasure arrangement in writing Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model but doesn't forget the main point, giving the reader the hottest as well as based confirm resource information that maybe you can be one among it. This great information may drawn you into brand new stage of crucial pondering.

David Briggs:

The book untitled Floortime Strategies to Promote Development in Children and Teens: A User's Guide to the DIR® Model contain a lot of information on it. The writer explains the woman idea with easy means. The language is very simple to implement all the people, so do not worry, you can easy to read the idea. The book was authored by famous author. The author will bring you in the new period of time of literary works. You can easily read this book because you can read on your smart phone, or device, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can open their official website and also order it. Have a nice read.

Gerald Chisholm:

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