



Coaching Soccer For Dummies

National Alliance for Youth Sports

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Coaching Soccer For Dummies National Alliance for Youth Sports
Packed with drills and tips for practice and game days

The fun and easy way(r) to kick-start your soccer coaching skills

Volunteering as a youth soccer coach can be a great experience, both for you and your squad. But what if you've never coached before? Don't worry! This friendly guide explains soccer rules, shows you how to approach coaching, and gives you practical pointers on improving your team's soccer skills and encouraging good sportsmanship.

Discover how to

- Understand soccer rules
- Develop a coaching philosophy
- Teach soccer fundamentals
- Run great practices
- Lead your team during a game
- Communicate effectively with parents

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