



Vital Notes for Nurses: Psychology

Sue Barker

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Vital Notes for Nurses: Psychology provides a concise, accessible introduction to key psychological theories and outlines their relevance to nursing practice. Divided into seven chapters, the first offers a preliminary insight into the different perspectives in psychology: Biological, Psychodynamic, Behavioural, Cognitive and Humanistic. These perspectives go on to underpin the topics in all the other chapters.

Vital Notes for Nurses: Psychology explores developmental theories, attachment theories, and relationship theories. It discusses issues relevant to nursing practice such as motivation, change, stereotypes, relationships and motivation and looks at issues of suffering, including stress and pain. Illustrated with examples from all branches of nursing practice, this text clearly illustrates the relevance of psychology to nurses.

- Relates psychological themes specifically to nursing practice
- Written in a clear, accessible style which assumes no prior knowledge
- Useful to all nursing students on the common foundation programme as well as newly qualified nurses.
- Each chapter includes features such as activities, case studies and learning objectives

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