



Upside Down: Understanding and Supporting Attachment in Adoptive Families

Shannon Guerra

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Adoptive families working through attachment issues often feel alone. It doesn't have to be this way, though. They are on the front lines, under fire, and need reinforcements. The communities around us want to help, and yet they usually don't know how when it comes to attachment issues. A little perspective can change all of that. Upside Down shares stories and perspectives from dozens of families healing through the spectrum of attachment issues, from general attachment concerns to Reactive Attachment Disorder. It explains how extended family, friends, associates, and communities can provide support without causing further damage to a hurting child and more isolation to the families working so hard to heal them. Topics include the reality behind the rose-tinted movies, the why behind the weird limits, the tangle of community, what adoptive families really wish for (besides coffee), sample letters for care providers, links and further resources, and 30 pages of bonus content only available in the paperback edition.

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